

# WARWICKSHIRE SCHOOL HEALTH & WELLBEING SERVICE





## SUPPORT CAN INCLUDE:

- Individual or group support for children, young people and families
- Parent workshops to support health and positive lifestyle choices

## IF YOU WOULD LIKE HELP OR SUPPORT CONTACT US VIA;

- Parentline text messaging service – 07520 619376
- Podcasts – Just search "Health Uncovered" in your favourite podcast app
- Website – [www.compass-uk.org/services/warwickshire-school-health-wellbeing-service](http://www.compass-uk.org/services/warwickshire-school-health-wellbeing-service)
- Moderated Facebook chats via Hearing the voice of families in Warwickshire and Mums know best Warwickshire facebook pages

Compass

03300 245 204 • [www.compass-uk.org](http://www.compass-uk.org)

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