	<u>Autumn 1</u> Being Me in My World	Autumn 2 Celebrating Difference	<u>Spring 1</u> Dreams & Goals	Spring 2 Healthy Me	Summer <u>1</u> Relationships	Summer 2 Changing Me
R	Where do I belong?	Why is it good to be me?			Being kind	How do I get ready for Year 1?
Y1	-caring friendships -respectful relationships -mental well being	-caring friendships -respectful relationships -being safe -mental well being	 -respectful relationships -being safe -mental well being 	 -respectful relationships -online relationships -mental well being -physical health & fitness -healthy eating -drugs, alcohol & tobacco -health & prevention 	-families & the people who care for me -caring friendships -respectful relationships -online relationships -being safe -mental well being	-families & the people who care for me -respectful relationships -being safe -mental well being -changing adolescent body
Y2	-respectful relationships -being safe -mental well being	-Caring friendships -respectful relationships -online relationships -internet safety & harms -being safe -mental well being	-respectful relationships -being safe -mental well being	-mental well being -internet safety & harms -physical health & fitness -healthy eating -drugs, alcohol & tobacco -health &prevention	-families & the people who care for me -caring friendships -respectful relationships -online relationships being safe -mental well being -internet safety & harms	-respectful relationships -being safe -mental well being -changing adolescent body
Y3	-caring friendships -respectful relationships -online relationships -being safe –mental well being	-families & the people who care for me -caring friendships -respectful relationships -online relationships -being safe -mental well being -internet safety & harms	-respectful relationships – mental well being	 -respectful r/ships -online r/ships -being safe -mental w/b -internet safety & harms -physical health & fitness -healthy eating 1st aid – drugs, alcohol & tobacco 	-families & the people who care for me -caring friendships -respectful relationships -online relationships -being safe – mental wellbeing -internet safety & harms	-families & the people who care for me -respectful relationships -being safe – mental well being -changing adolescent body

				-health & prevention		
Y4	-caring friendships -respectful relationships -being safe – mental well being	-caring friendships -respectful relationships -online relationships -being safe -mental well being -internet safety & harms	-respectful relationships – mental well being	-caring friendships -respectful r/ships -online r/ships -being safe -mental w/b -physical health & fitness -healthy eating - drugs, alcohol & tobacco -health & prevention	-families & the people who care for me -caring friendships -respectful relationships -being safe -mental well being	-families & the people who care for me -being safe -mental well being -changing adolescent body
Y5	-respectful r/ships -mental w/b	-families & the people who care for me -caring friendships -respectful r/ships -being safe -mental well being	-respectful r/ships -mental well being	 -respectful r/ships -being safe -mental well being -physical health & fitness -healthy eating -drug, alcohol &tobacco -health & prevention -basic first aid 	-caring friendships -respectful r/ships -online r/ships -being safe -mental well being -internet safety & harms	 -respectful r/ships -being safe -mental well being -changing adolescents body
Y6	-families & the people who care for me -caring friendships -respectful r/ships - being safe -mental well being	-families & the people who care for me -caring friendships -respectful r/ships – online r/ships -being safe -mental well being -internet safety & harms	-respectful r/ships -mental well being	-families & the people who care for me -caring friendships -respectful r/ships -being safe -mental well being -internet safety & harms -physical health & fitness -healthy eating -drug, alcohol &tobacco -health & prevention	-caring friendships -respectful r/ships - online r/ships -being safe -mental well being -internet safety & harms -physical health & fitness	-families & the people who care for me -caring friendships -respectful r/ships -being safe -mental well being -changing adolescents body